



Training Guide 2023/24

SEND and inclusion training for PVI,
early years settings, schools,
colleges and parents/carers



HILLINGDON
LONDON

www.hillingdon.gov.uk

Workshops and training courses for Parents

Toileting Workshop for Parents and Carers (0-5)

Course Description

Strategies for supporting successful toilet training for children with Autism/SEND. This course will look at understanding the underlying difficulties and differences for children with ASD/SEND that impacts on successful toilet training. This course will provide useful strategies that can be used in the home.

Course date, time and location

[Wednesday 11th October 2023, 10.00am-12.00pm, Civic Centre, Uxbridge](#)

[Wednesday 13th March 2024, Virtual Session.](#)

How to book

Click on the links above or scan the QR Code below



Autism and Girls

Course Description

Workshop on how ASD affects girls for parents and carers. Exploring Autism traits in Girls, how they mask and camouflage difficulties. Autistic Characteristic that may present differently in Girls.

Course date, time and location

Wednesday 22nd November 2023, 10.00am-12.00pm, Civic Centre Uxbridge

How to book

[Click here to book](#) or scan the QR Code below



Sleep Workshop

Course Description

An understanding of why getting enough sleep can be challenging for children with SEND, Useful ideas and strategies to help support your child at home

Course date, time and location

[Wednesday 13th December 2023, Virtual Session](#)

[Wednesday 8th May 2024, 10.00am-12.00pm, Civic Centre, Uxbridge](#)

How to book

[Click](#) on the links above to book or scan the QR Code below



Communication and Behaviour Workshop

Course Description

A workshop supporting person centred approaches to behaviour that challenges for parents and carers offering Ideas and strategies

Course date, time and location

[Wednesday 10th January 2024, 10.00am-12.00pm, Civic Centre, Uxbridge](#)

[Wednesday 5th June 2024, 10.00am-12.00pm, Virtual session](#)

How to book

Click here to book or scan the QR Code below



Sensory Needs Workshop

Course Description

A workshop looking at strategies to support your child's sensory needs including tools you can use, resources, sensory diets. How to implement these into your day to day life at home and in the community.

Course date, time and location

Wednesday 21st February 2024, 10.00am-12.00pm, Civic Centre, Uxbridge

How to book

[Click here to book](#) or scan the QR Code below



Emotional Wellbeing

Course Description

Strategies and tips for emotional wellbeing and self-care which focuses on the needs of parents and carer's of children with SEND/ASD. This course will explore positive ways on how you as a parent / carer can support your own wellbeing to develop resilience and empowerment.

Course date, time and location

Wednesday 10th April 2024, 10.00am-12.00pm, Civic Centre, Uxbridge

How to book

[Click here to book](#) or scan the QR Code below



Introduction to Signalong – Parents training

Course Description

Signalong is a sign supported communication system for children with additional needs to support them in developing their speaking and understanding. These workshops are designed both for beginners and experienced signers. These are specific topic related workshops to practice signing involving everyday life.

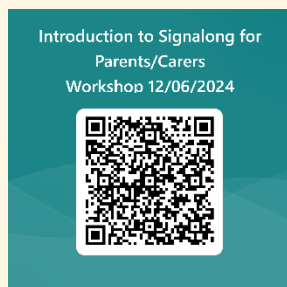
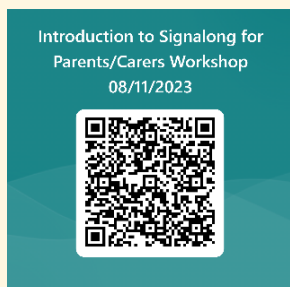
Course date, time and location

[Wednesday 8th November 2023, 9.30am-12.30pm, Civic Centre, Uxbridge](#)

[Wednesday 12th June 2023, 9.30am-12.30pm, Civic Centre, Uxbridge](#)

How to book

To book click on the above links or scan the QR Code below



Parent/Carer Workshop: My child can't hear properly. Now What?

Course description

For parents/ carers of children who have been assessed by an audiology clinic as needing hearing technology such as hearing aids, bone conduction aids or cochlear implants.

Areas to be covered will include how we hear, different types of hearing needs, the role of specialist equipment, the impact of deafness on learning and development and signposting to other D/deaf related services.

Course date, time and location

Thursday 22nd February 2024, 09.30am-11.30am, Uxbridge Family Hub, Civic Centre, Uxbridge

How to book

[Click here to book](#)

Children Centres -Programmes for Parents/Carers

The following courses and workshops are available for parents and families. Please share and direct them to the Local Offer where they can sign up to book a place or follow the information in the course 'how to book' section.

Ducklings – For children aged 5 years and under

Course Description

Ducklings is a 4-week online course to support parents/carers with a child (or children) under 5 years of age who have been newly diagnosed with Autistic Spectrum Disorder (ASD) or are awaiting an assessment with the Child Development Centre. The sessions support parents/carers to understand and increase their awareness of ASD: supporting your child's development, exploring strategies to support family life, providing information, advice and signposting.

How to book

To add your name to the waiting list please email: NorthCC@hillington.gov.uk
Parent/carer full name, Your child's full name and date of birth, A contact telephone number

Stay and Play Plus sessions

Course Description

A session for families to promote development for children providing play, interaction and engagement, in an inclusive learning environment. This session is aimed at those who have attended Attention Hillingdon and/or Language for Life and children with special educational needs and disabilities (and emerging needs).

How to book

For the above and to find out more about Children's Centres, please contact your local Children's Centre or go to: Children's centres -Hillingdon Council <https://www.hillingdon.gov.uk/childrenscentres>

Language for Life – For children aged 5 years and under

Course Description

A 4-week programme providing tips and hints in supporting child's language development, using child led play, singing, books and stories, imaginative play, turn taking and conversation. Week 4 includes a speech and language therapist.

How to book

For the above and to find out more about Children's Centres, please contact your local Children's Centre or go to: Children's centres - Hillingdon Council <https://www.hillingdon.gov.uk/childrenscentres>

Attention Hillingdon

Course Description

An 8-session programme to help develop children's attention, speech and listening skills. Sessions are for parents and children aged 5 years and under.

How to book

For the above and to find out more about Children's Centres, please contact your local Children's Centre or go to: Children's centres -Hillingdon Council <https://www.hillingdon.gov.uk/childrenscentres>

Little Taster

Course Description

A 4-week course to help children explore different foods in a play environment with their parents/carers. Helping children develop their senses as they experience different tastes and textures of foods. The children will have the opportunity to learn to sit at the table and try new foods.

How to book

For the above and to find out more about Children's Centres, please contact your local Children's Centre or go to: Children's centres -Hillingdon Council <https://www.hillingdon.gov.uk/childrenscentres>

Barnardo's Cygnets - Core Programme

Course Description

Cygnets is a FREE parenting support programme for parents and carers of children and young people ages 5-18 with a diagnosis of autistic spectrum disorder (ASD) and/or social communication difficulties. Those who are awaiting a diagnosis can also attend. The Barnardos Cygnets Programme is a programme aimed to support the child by working to upskill parents and professionals enabling them to better understand autism. The programme teaches about autism first and then how to support communication and promote positive behaviours.

The course aims to improve participants' confidence in managing the challenges faced when raising or teaching a child with autism. The idea behind the Cygnets framework is to teach about autism first. Then consider the impact of sensory dysfunction, communication and behaviour following an appreciative inquiry approach. The programme consists of six group sessions, once a week for 3 hours. The aim is to build confidence and empower parents and professionals to problem solve, understand why their child may behave differently so they can begin to learn how best to help their child develop.

Course date, time and location:

This programme runs a minimum of once per term however we aim to deliver every half term from October 2023-July 2024 .Morning session 9.30am-12.30pm (3 times per year) or Evening session 6.00pm-9.00pm (twice per year)– Civic Centre

How to book

[Please click here to join the waiting list](#)

National Autistic Society Early Bird

Course description

Early Bird is a support programme for parents and carers, of pre-school children with a diagnosis of autism or are on the pathway to receiving a diagnosis of autism (not yet attending full time school)

The programme aims to support parents in the period between diagnosis and school placement, offering advice and guidance on strategies and approaches for dealing with young children with autism. It works on understanding autism, building confidence to encourage interaction and communication and analysing and managing behaviour. The programme draws from well-established practice in the field of autism. The approaches used include: the national Autistic Society SPELL framework, techniques from the TEACCH approach, Picture Exchange Communication System (PECS)

Course date, time and location:

Every term – Dates Vary

The programme combines 8 group sessions and 2 home/nursery visits

Parents will have a weekly commitment of a two-and-a-half hour training session or home visit, and to ongoing work with their child at home

How to book

[Register here to be added to the waiting list.](#)