

12 March 2025

Dear Parents/Carers,

**PSHE workshops**

We will be holding friendship workshops for all year 4 classes starting with 4Q and 4CL on Thursday 13 March and 4CH starting Thursday 24 April, these will be run during school time by NHS mental health practitioners, who work together with our school.

This is a three-session workshop (1 hour each session) to provide young people with conflict resolution skills. These include: social cues/clues, types of friendship, what makes a good friend, boundaries, conflict, resolving conflict, practicing conflict resolution skills, problem-solving and team discussions.

The sessions will be

4CL and 4Q – Thursday 13 March, Thursday 27 March and Thursday 3 April

4CH – Thursday 24 April, Thursday 1 May and Thursday 8 May

If you do not give your child permission to attend, please respond to this message or let your child's class teacher know.

Yours sincerely,

*The Year 4 Team*

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***Please complete and return to your child's class teacher***

**I do not give consent for my child to participate in the friendship workshops**

Child's name: \_\_\_\_\_ Class: \_\_\_\_\_

Emergency contact number: \_\_\_\_\_ Signed: \_\_\_\_\_